



**ESANA**

*Equine Soundness Association of North America*

# Horses in Motion - July 19-21, 2013



## Holistic Horse and Hoofcare Seminar - Schedule

*portions may be subject to change*

### Day 1 - Theory

**8:30 am - 9:00 am registration**  
**9:00 am - 5:00 pm seminar**

The first day covers the basics of hoof anatomy, physiology, and hoof functions. It outlines how contraction and shoeing affects the hoof, and what to expect during the transition of a sound horse and/or rehabilitation period of the lame or shod horse to the sound, high performance barefoot horse.

### Day 2 - Theory

**9 am - 5 pm**

The second day of the three day Seminar starts with linking the hoof to the rest of the animal. The day then continues outlining the environmental needs for horse health and identifying the harmful conditions in conventional boarding. Learning how to optimize your boarding conditions (including nutrition and hoof care) complete the day.

### Day 3 - Intro to Basic Trimming

**9 am - 5 pm**

The third day is spent with hands on practice and the introduction of the non-invasive Strasser technique of

trimming healthy barefoot horses. Dissection of hoof bio-specimen for study will show the reason for correct trimming. In order to attend this part, you need to have an SHP to work with you on your horse(s).

You will need to bring the following trimming supplies for Day 3 of the Holistic Horse and Hoofcare Seminar and the Trim Practice day.

### Trimming Supplies

You need to order the tools for trimming (outlined on page 2 of this schedule). Products are not available for purchase at most seminars, so please make arrangements to bring these tools with you

- protective non-slip gloves
- Hoof knife (preferably right and left hand)
- Rasp
- A plexi marked with coronet and toe angles.
- Leg protection i.e chaps, farrier apron or very heavy trousers.
- Go to our online store to order products online or via mail/fax.
- Photos of case studies are welcome any time on day 3.

*\*\* Horses may be hauled in for the third day. Please confirm with Kim Wilson at: [kimconwaywilson@gmail.com](mailto:kimconwaywilson@gmail.com), she will advise you of availability and how to make arrangements for bringing your horse.*

### About Our Instructors

*Strasser Hoofcare Instructors are Strasser Hoofcare Professionals certified by Dr. Strasser to teach her methods. These instructors continue to work with Dr. Strasser and her methods, providing input to the horse global community.*

**Dr Steven F. Skinner, (United States) DVM, Dip. ACVIM-Neurology, SHI, President ESANA** Inspired by Strasser clinics, Dr. Skinner became a certified Strasser Hoofcare Professional in 2003. He was excited to see an opportunity to change the paradigm of today's veterinary thought in Dr Strasser's work and signed on to help. In addition to his regular veterinary work, Dr Steve runs his equine rehabilitation clinic from his facility in Portland, gives seminars and instructs the SHP Course. He also heads the National Offices for both the United States and Canada.

**Thorsten Kaiser (New Zealand), SHI, BSc**, Thorsten graduated as one of the first SHP's in New Zealand. Thorsten, moved from Germany to New Zealand in 1997. He started off in Endurance Riding and after a few 40-80km rides barefoot, Thorsten did his first 100km ride barefoot in 2003. Now a full time SHP, Thorsten gives seminars and instructs the SHP Professional's Course. He also heads the National Offices for both New Zealand and Australia.

# Holistic Horse and Hoofcare Seminar - Schedule (Continued)

## About Dr Strasser

### Dr Hiltrud Strasser, DVM, PhD

For over three decades, Dr. Strasser has studied the causes and cures for lameness as well as other common health problems of the domestic horse. Using her research, she developed a complete model for their care. This model minimizes a large percentage of the health issues associated with the care and keeping of horses today.

Her techniques are successful as a daily method for maintaining horses in optimum health.

Dr. Strasser is the author of several text books on lameness and healing, reference books on natural boarding for horses, and many articles for both horse and veterinary journals.

### Things to Have:

1. "A Lifetime of Soundness" and "Shoeing A Necessary Evil," both by Dr Hiltrud Strasser, are essential reading. All books may be purchased from the Strasser site: [www.strasserhoofcare.org](http://www.strasserhoofcare.org) or from <http://thehorseshoof.com/THHStore.html>.
2. Trimming apron or something to protect your legs. Wearing an apron is important for your safety. Should your knife slip and you cut the femoral artery in your leg, you will bleed out in 3 minutes!
3. \*\*Knives: F. Dick (Ascot type: right and left-hand) knives have the strongest steel and are what Dr Strasser uses herself. People usually try several different brands or try to be cheap or easy but you get what you pay for; not all knives are the same. Go ahead and experiment, just don't get a knife that is too curved in the blade. You can easily put too much scoop into your horses sole. Most blades sell from \$20.00 to \$30.00 each. (see below for where to purchase) Note - The F. Dick Ascot is a shorter knife and useful for most

horses. The longer knife for drafts or larger feet is just called the F. Dick Knife.

4. \*\*Rasps: there are a lot of good rasps available. Some prefer the SaveEdge 14" rasp that sells for about \$18.00. Do purchase a handle. Don't bother with a *finishing* rasp. What's nice about the SavEdge is they can be resharpened for half the price of a new rasp! Sharpening is directly through SaveEdge. You can get the number from Midwest Farrier supply or where ever you purchase your rasps.
5. \*\*Knife sharpener: a favorite sharpener is the flat SaveEdge diamond sharpener. DO NOT USE A FILE! You will ruin your edge of you knife. Always purchase a diamond sharpener. In a pinch, you can use a diamond coated fishhook sharpener from Wal-Mart These work well, especially on the hooked knife tips.
6. Strasser Plexiglas Gauge. You can purchase a nice laser-etched one from the Horses Hoof site, from the Strasser site, or you can make your own. The Horses Hoof has a .pdf to make your own. The gauge was devised by Sabine Kells. It is an ingeniously simple way to measure your horses feet. If you make you own, either file or tape the acrylic edges so you don't cut yourself or your horse. See [www.thehorseshoof.com](http://www.thehorseshoof.com) or 1(877) 594-3365
7. Hoof Stand: The Cadillac of hoof stands if the Hoof Jack. It's light, stable and comfortable for your horse. You can get this from: <http://www.hoofjack.com> or call: 1(877) 455-5100 If you get a standard metal stand, find one that has a round



plate on the base – they are safer and more stable.

### Helpful Sources:

<http://www.strasserhoofcare.com>, our ESANA Strasser site. You can find additional clinic dates and purchase books. Also consider becoming a member of ESANA. For a full listing of benefits, please contact ESANA Secretary, Tracy Raffaele at [strasserhoofcare@aol.com](mailto:strasserhoofcare@aol.com)

Midwest Farrier Supply [www.mwfarrier.com](http://www.mwfarrier.com) 1-800-946-9880 for knives, rasps, aprons and stands other than the HoofJack

[www.thehorseshoof.com](http://www.thehorseshoof.com) Another great site. Lots of information and you can buy tools, books and other horse health items.

<http://www.naturalhorsetrim.com> This is an extensive web site with photos and trimming steps and sources. Go here and scroll through a couple of the sections. Very informative and she has a boot trade section where you can buy and trade soaking, walking and working boots.

You can also subscribe to the Natural horsetrim e-group. To subscribe, send an email to: [naturalhorsetrim-subscribe@e.groups.com](mailto:naturalhorsetrim-subscribe@e.groups.com)

There are many other web sites but if you hit these three you will have a whole mountain of information and links to many, many other places. Anyway, it is a good



**ESANA**



ESANA: The North American Representative  
for the Strasser Worldwide Institute  
for Physiological Horse - and Hoofcare

**ESANA** *Equine Soundness Association*

*of North America presents:*

**Horses in Motion - July 19-21, 2013**

**Holistic Horse and Hoofcare Seminar**

Location:  
Arrowhead  
Facility

343 Highway Nn B, Cedar  
Hill, MO 63016 (next to  
Windy Hill  
Farm Supply)

## Make a difference for your horse

- Horse keeping, Hooves, Healing – What connections are there?
- What is the anatomical make-up of a hoof and how does it function?
- How do you recognize founder and heel pain, even navicular syndrome? What causes it and how do you address it?
- Do you know the purpose of the bars and how they should look?
- How do you feed your horse correctly?
- How do you recognize a healthy horse?
- What living conditions does a horse need to stay healthy?

Our seminar (2 days theory + 1 hands-on trimming day) will give you answers to the above and more - information based on decades of scientific research. The hands-on trimming day will give an overview of this non-invasive hoofcare approach.

This is about you and your horse. It's about the person that sleeps, eats and dreams horses. Whether you ride English or western, have pasture ornaments or high performance animals. It's about the horse's health starting from the ground up.

Whether you are a long time horseman, a professional trimmer or a new owner, there will be something for everyone. Three information-packed days that may change your mind about what a horse is, what a horse needs and how to best get there. By understanding basic requirements for health and longevity, you may come to understand how to best attain optimum health by using the simple tools of appropriate lifestyle and hoof care.



## Registration:

I would like to attend: *(please check one)*  
\_\_3 day Seminar, \_\_2 day seminar, \_\_horse consultation

I have included: *(please check one)*  
\_\_check, \_\_PayPal

Name:

Address:

Phone:

e-mail:

Signature:

- Seminar (all 3 days) - \$500\*\* (incl. tax)
- Seminar (first 2 days) - \$360\*\* (incl. tax)

\*\* 50% Deposit required; Balance of fee due by June 21, 2013. • 10% Early-bird discount for payment in full by June 1, 2013. • 10% discount for ESANA students. • 20% discount for family members attending the same seminar. Additional 5% Discount for ESANA members. 10% Discount for certified SHP's. A limited number of horse trims are available by appointment.

Cost includes am/pm snacks. Payment will be refunded in full if the seminar is cancelled. If a participant cancels, the payment will be credited towards a future seminar or 50% refund.

- **Registration and payment by mail and check:**

Beth Baden - Treasurer, ESANA

2368 Barbara Dr., Santa Rosa Valley, CA 93012

- **Registration by e-mail and payment via PayPal:**

strasserhoofcare@aol.com *(Please put "ESANA Seminar" in the subject header line).*

**For more info on seminar and horse consultation contact: Kim Wilson, kimconwaywilson@gmail.com**